



Teaching, Modeling, and Imparting Responsiveness to the Holy Spirit for Life and Ministry.

TEACHING:

Solar People

by Mike Flynn

From the driveway at our house you have to take an L-shaped walk to the front door. Three solar lights flank the horizontal and the vertical parts of the L, meant to guide visitors to the entrance and attractively light the way. When I get up at 5:30 am and go out to get the newspaper, there is still a wee bit of light emanating from the solar lights. They've got a one-day battery and only one day. If they don't get a full day's bath of sunlight, they don't work. When they do get that sunlight, they do work. Simple, isn't it?

God has designed us to be one-day solar people. His Sun-Son light is readily available, but we do have to bask in it to get charged up so that we shine. And the world is desperate for our shine, whether it knows it or not.

I'm told that the one vitamin that our bodies can produce is Vitamin D, but it takes exposure to the sun for the production to occur. The one thing we can produce for the world is Vitamin J, but it takes exposure to the Son for that production to occur. Daily.

Weekly worship isn't enough to charge us up for the whole week. We need daily exposure to the Light.

OK, how do we get recharged? I'll tell you what I do.

1. Private worship. One of the best ways to do this is to sing along with worship CDs when you're driving.

Also, I have about 20 Celtic CDs that I sing along with in tongues. It's always a blessing.

2. Reading the Word. As I've mentioned hundreds of times, I use the McCheyne reading schedule (available on our website under the "Free Gifts" heading). Each morning when I open my Bible, I say, "Lord, open Your word to me and open me to Your word," or something like that. On that plan I read a chapter of the Gospels almost every day of the year, so I encounter Jesus daily. The whole schedule takes about 20 minutes each day.

3. Sitting still. This is the hardest for me because I'm ADHD. But just sitting in front of Him, not even praying, just sitting there, lets me soak up His light. I try to do it for 5-10 minutes a day. It helps me to envision Him sitting on His throne and me at His feet.

4. Small group fellowship. I go to a men's prayer group Saturdays from 8 to 9 am. That always fills me with good stuff. I also have a weekly home group that meets in our house. We worship, we teach, we pray for each other. That's always filling.

5. Prayer Days. One day a month I go off somewhere to spend time with the Lord. I like mountains, meadows, seashores and chapels. About ¾ of the time I worship. Then I quiet down, walk back and forth in front of the Throne, and listen to what He has to tell me. Almost all of the long-term guidance I have received has come on those prayer days.

6. Extended Prayer Retreats. Once a year I go off for 3-5 days. Since I enjoy nature so much, I go to beautiful spots. Again, it's a lot of worship and then time spent listening.

7. The Jesus Prayer. This is an ancient prayer that one repeats over and over for whatever time you allot. Thirty minutes works well for me. "Lord Jesus Christ, Son of God, have mercy on me a sinner." Many people do it in sync with their breathing: inhale on the first half, exhale on the last half. In my experience, I often become someone other than myself as I plead for God's mercy on me. It is a rich form of intercession.

8. Praying the Lord's Prayer according to Larry Lea's format. Twenty minutes to an hour:

www.eastside.com/pdfs/TheLord-sPrayerGuide.pdf

9. Checking in. I set a count-down timer on my watch for 24 minutes, and every time it goes off I check in with the Lord. And I play a game where I try to beat the watch at remembering to check in. I just imagine Him on His throne. I never see Him clearly. Just whisps. But if He wants to say something, He can because the line is open.

(Continued on Page 2)

Table of Contents

TEACHING:
Solar People

Uganda Mission

FreshWind Ministries

4406 El Corazon Ct.
Camarillo, CA 93012
805-383-1269
mkfln@aol.com

www.freshwindministries.org

Board Members:

Bob & Donna Bowker (Luth.)



Lloyd & Carol Ann Harris (Nazarene)



Gary & Cyndee Watts (Nondenominational)



Mike & Sue Flynn (Epis. & Vineyard)



Administrative Aide & Treasurer:

Geraldine Batham

818 842-0113

gbatham@yahoo.com

Board of Reference

Jane Campbell, editor

Chosen Books

Rev. David Collins, President

Windsong Ministry

John Dawson, President

Youth With a Mission

Rt. Rev. John Guernsey, Bishop

Province of Uganda

Rev. Chuck Irish, Past Director

Episcopal Renewal Ministries

Geri Rodman, President

InterVarsity Canada

Sharon Steinmiller, Director

New Wineskins Missionary Network

Edwina Thomas, Director

Sharing of Ministries Abroad

Rev. Greg Thompson, Pastor

Vineyard, Centennial, CO

Director:

Rev. Mike Flynn

FreshWind Scheduled Events

DATE	PLACE	EVENT	CONTACT
Oct 16-18	Diocese of Albany	Deacons Retreat	518-765-4625
Nov 3-6	Travel to Uganda		
Nov 9-13	Kampala, Uganda	Healing Course	
Nov 15	St. Francis Chapel, Makerere Univ.	Preach	
Nov 16-20	Mbarara, Uganda	Healing Course	
Nov 16-20	Lira, Uganda	Healing Course	
Jan 15-17	San Carlos CA Vineyard	Catch the Wind	johnkw@cal.berkeley.edu
Feb 19-21	Los Alamos NM OSL	Healing Conference	llweiss@mesatop.com
Apr 8-11	New Wineskins for Global Mission	Tri-annual Conf	724-266-2810

(Solar People from Page 1)

Often these dart prayers are praise or thanks or listening.

10. Talking to God while briskly walking for exercise.

11. Using liturgies, such as the Book of Common Prayer, and Celtic Daily Prayer.

I do # 1, 2, 3, 9, 11 daily; #10 4 times a week; # 4 weekly; #5 once a month; the others I do when I can.

Now you'll note that most of the above practices are pretty private. That's because I'm an introvert and introverts get charged up by being alone. If you're an extrovert, you'll probably need far more interaction with others who are also pursuing the Lord. (Some of you may think I'm a strong extrovert because you've seen me act that way at the podium. But that's the only place I'm an extrovert.)

A verse for this is 2 Cor. 3:18, "And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with every-increasing glory, which comes from the Lord, who is the Spirit." The more the solar light is exposed to the sun, the more it looks like the sun. Is that so, really?

Well, the solar light is never going to be as bright as the sun, and we will never fully look like Jesus. But the more we gaze at Him--exposing ourselves to His presence, power, character, and purpose--the more accurately we will reflect to others what He's like. What's more, our faces will shine from within as He is enabled to live His life in us. We will be happy, and happy folk just shine.

But it takes unveiled faces. So the question is: is there anything I'm doing that veils my face from God's. If there is, get rid of it. He wants you to be happy. But you'll only be happy with Him solidly inside running your life and enjoying wisecracks on the way.

Bits of Feedback

"Thank you, thank you for your focused and passionate workshop contribution! We worked hard to narrow the focus of workshops so as to increase the flow of excellence displayed there, and I must say, your presentation is precisely what we had in mind. How grateful I am for your rich and rewarding presentation." --Jack Hayford

"Grace to you, Mike. Would love to see you back at Hope Presbyterian Church in Richfield, MN again.

Your teachings and your books continue to inform and inspire my Christian growth. Every re-reading ends up with more highlighting and yellow stickies marking meaningful thoughts.

Blessings to you," Karen L.

"I attended Order of St. Luke North American Conf in Ohio and received an inner healing during one of your ministry sessions. As an OSL Convener, I believe my personal healing will lend strength to my service to Christ. Peace be with you as you continue to be blessed with the anointing gift of healing, and inspiring others." --Peggy P.

"Was at the OSL Conf, liked your teachings so much, bought one each of your books. Like the books, but you are better in person. Thx." --Jay

"We had so many positive responses to your teaching and healing exercises. Your ministry is so helpful in a very town-to-earth way and yet very challenging--calling us to live up to our calling in the power of the Holy Spirit." -- Wilma C.

"I just finished reading *Holy Vulnerability* and was greatly blessed. I have been meditating about God's collective view (oneness) of us and our responsibility to one another. I greatly enjoyed getting to meet you at Nashotah House and have a sense that there are further connections coming." --Rev. William B.

"Please know that my wife Pross and I, and others who are aware of how powerfully the Lord has touched and impacted lives through your ministry over the years, never cease to thank God for you." --Michael B. (Uganda)

"Thanks to Mike Flynn and our workshop leaders who took the time to share with us the revelations they have received in their Christian walks. It was edifying, uplifting, and exciting.

--Rev. Don C." (OSL Leader)

"Thank you so very much for sending us those protection prayers. I have been praying them over our

family and our areas on influence every day. The first two days I also prayed the warfare prayer and felt a definite shift in the atmosphere. I feel as though I am haring more clearly since then. So thank you for being a channel of such blessing for us." --Neepa D. (India)

"Thank you so much for the great and helpful workshop you presented at the Foursquare Convention. I purchased three of your books. We have a weekly prayer team available at our contemporary service and I am looking forward to sharing what I learned from you and your books with them." --Ellen S.

"The teachings through your classes, books and newsletters has been invaluable to us. You've helped us lay some solid Christian foundations." --Joanne and Gary A.

"Your book on Making Disciples is just what the doctor ordered for Tina and me for our ministry to the folks in Honduras in June. Thanks." Rev. Joe R.

Uganda Mission

It is a joy to give to the Ugandan Christians, for they take the principles and practices you give them and use them vigorously for the sake of Kingdom work. We know this because we've been there three times before. On this occasion, the Archbishop himself has issued the invitation to us to come and train his clergy and lay leaders. He wants anointed healing ministry going on in every church in his province, which has about 9 million members. That's over 10 times the number of Episcopalians in church in the US on a normal Sunday.

I have frequently asked the Lord to send me only to places and people who will further the Kingdom by what we give them. So I have great expectations of what the Lord means to accomplish during the conferences we lead, but also through the ministries of those we impact after we go home. Besides, our past efforts there have pro-

duced innumerable healings and conversions by those we trained.

On this mission, we're doing as many conferences for as many people as in all three previous trips combined. The enemy is well aware of this. Consequently we are experiencing significant spiritual warfare. Team members have been diagnosed with cancer, have had family members set aside through illness, have had potentially fatal car accidents, as well as the normal harassments of failure to communicate, symptoms of illness, heightened temptations, withering accusations and the like.

May I ask that you keep us in prayer? We'll be traveling Nov 3-6. There'll be a central conference for invitation-only clergy and lay leaders in Kampala Nov 9-13, where we'll teach our 16-session Healing Course. Then the team will divide into two and put on simultaneous repeats of that conference in Mbarara and Lira, Nov 16-20. All told, about 450 clergy and leaders will participate, representing many of the key parishes.

Also, the cost of this trip will be about \$33,000, which includes room and board for the participants (\$66.50 per person, which is more than their average monthly salaries). If the Lord so moves, would you consider contributing to this cause? Just mark your check "Uganda".

WINDSOCK NEEDS YOUR RESPONSE

To better conserve the resources the Lord places in our hands, we want to make sure that the Windsock newsletter goes to those who want it and read it. To continue receiving the Windsock please make one of the following choices:

1. Make a contribution of any size to FreshWind Ministries once a year.

OR

2. Request that you continue to receive Windsock. Notify via the internet at www.freshwindministries.org or mail us at FreshWind Ministries, 4406 El Corazon Court, Camarillo, CA 93012

OR

3. To further save trees, postage, and printing costs please consider receiving the Windsock via email. If you have internet access and would like to avail yourself of this option, please contact us at www.freshwindministries.org and click the "contact" header to receive by email.

Thanks a million for your consideration,

--The Board of FreshWind Ministries

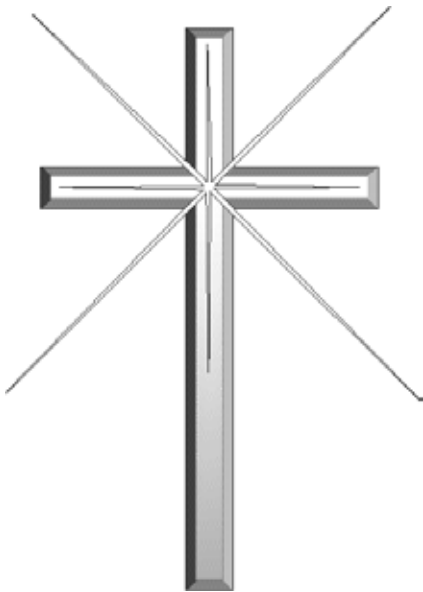
DONATIONS POLICY

FreshWind has decided to cease accepting donations via credit cards. We feel that checks help people assess their finances more effectively.

Mike's Books as Gifts

You might consider purchasing Mike's books as gifts for others. From the hundreds of feedback letters we've received, God has apparently anointed those books to change lives.

TITLE	SUBTITLE	2009 PRICE
<i>Holy Vulnerability.</i>	The Risks and Rewards of Opening Up to God.	\$10
<i>Inner Healing.</i>	A Handbook for Helping Yourself and Others.	\$15
<i>Mustard Seed Book.</i>	Understanding and Using Effective Faith.	\$10
<i>Making Disciples.</i>	Following Jesus' Model.	\$5
<i>How To Be Good Without Really Trying.</i>	Letting Jesus Live His Life in You.	\$10
For all 5 books we give a 25% discount		\$37.50



Responses

FreshWind often donates its time and energy to foreign and domestic churches and organizations that cannot afford to pay normal honoraria and travel expenses. Many of these are missions-focused, as is FreshWind.

About 75% of FreshWind's budget comes from people like you who believe in and feel led to support what we're doing to extend the kingdom.

Here's the bottom line:

+ **renewed, disciplined, and anointed people produce ministry and mission**

+ **FreshWind produces renewed, disciplined and anointed followers**

We ask you to help us "produce" FreshWind.

We highly value all forms of aid: prayer, finances, and ministry team participation. Please look over this response form and see if the Lord would speak to you about your support of this ministry.

PRAYER:

If you would like to receive Mike's monthly Intercessor's letter and pray regularly for this ministry, please log onto www.freshwindministries.org and click on the "Contact" heading. In the box for questions or comments, please state you'd like to receive the letter.

FINANCIAL SUPPORT

• I/we pledge: \$_____ per month for the support of FreshWind Ministries. I understand that FreshWind is a 501(c) (3) religious non-profit corporation and that I will receive regular IRS-approved statements for tax deduction purposes.

• I do not feel that the Lord is leading me to pledge regularly at this time, but I want to send a one-time gift of \$_____.

name _____

street _____

city _____

state _____

zip _____

signature _____

Please make contribution checks to FreshWind Ministries. Thank you.